

# LAPAROSCOPIC EXTRAPERITONEAL PARAAORTIC LYMPHADENECTOMY

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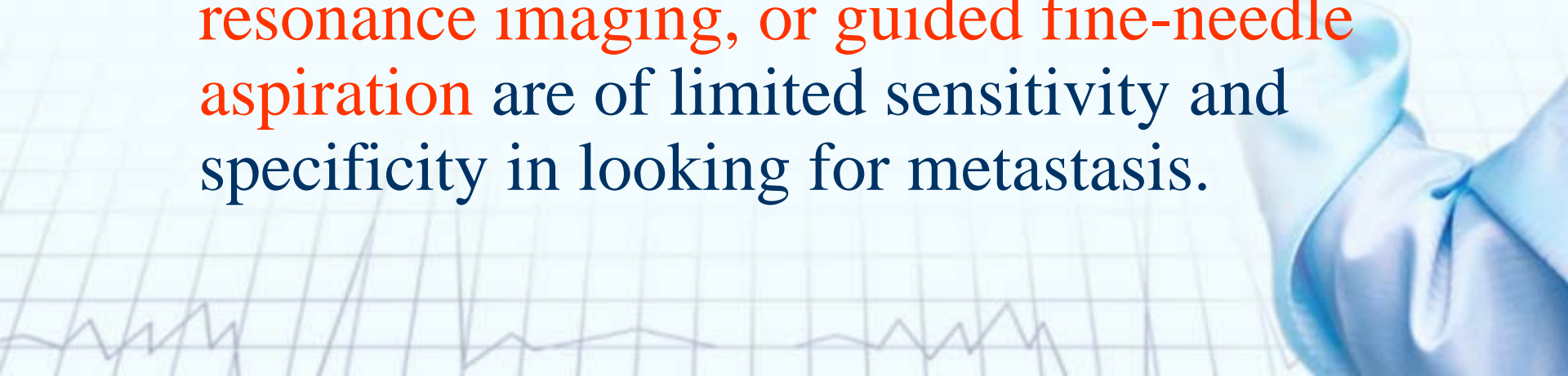
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President, The Society of Gynecologic  
Oncology, R.O.C.

# Detection of lymph node metastasis

- ❖ The presence of lymph node metastasis is the most significant prognostic factor in the management of cervical cancer.
- ❖ Indirect techniques such as **lymphography, computerized tomography, magnet-resonance imaging, or guided fine-needle aspiration** are of limited sensitivity and specificity in looking for metastasis.



# CT scan in detecting node metastasis

- ❖ The accuracy in demonstrating metastatic nodes was only **75%**, predominantly due to metastatic deposits in normal-sized nodes

*Gynecol Obstet Invest 1984*

- ❖ Preoperative CT scan when compared with surgical findings showed sensitivity for node metastasis of **34-39%**, specificity of **88-96%**

*Eur J Gynaecol Oncol 2001*



# MRI in detecting lymph node metastasis

- ❖ Sensitivity : 57.1%
- ❖ Specificity : 96.8%
- ❖ Differentiation between malignant and reactive lymphadenopathy was not reliably achieved.
- ❖ In several patients, **metastases** were present in **normal-sized lymph nodes**

*Clin Radiol 1994*

# PET in detecting node metastasis

## ❖ Pelvic lymph nodes

Sensitivity : 53%

Specificity : 90%

PPV : 71%

NPV : 80%

## Paraaortic lymph nodes

vs 25%

vs 98%

vs 50%

vs 93%

❖ Pathologic validation of PET imaging demonstrated a **low sensitivity and a high specificity** for PET in patients with early-stage cervical carcinoma.

*Cancer 2005*

# MRI versus PET/CT in detecting node metastasis

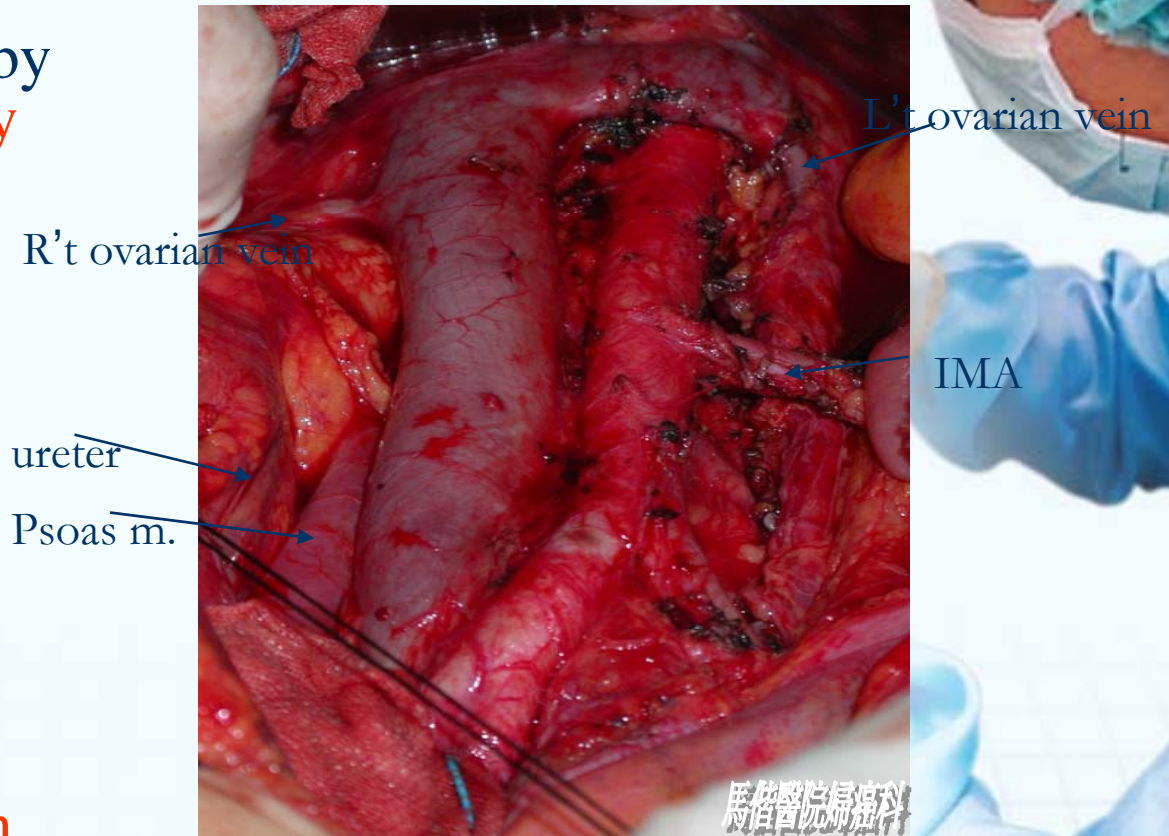
	MRI		PET/CT
❖ Sensitivity :	30.3%	vs	57.6%
❖ Specificity :	92.6%	vs	92.6%
❖ Accuracy :	72.7%	vs	85.1%

- ❖ PET/CT was **more sensitive** than MRI for detecting lymph node metastases in patients with uterine cervical carcinoma, but the **sensitivity is still unsatisfactory**.

*Cancer 2006*

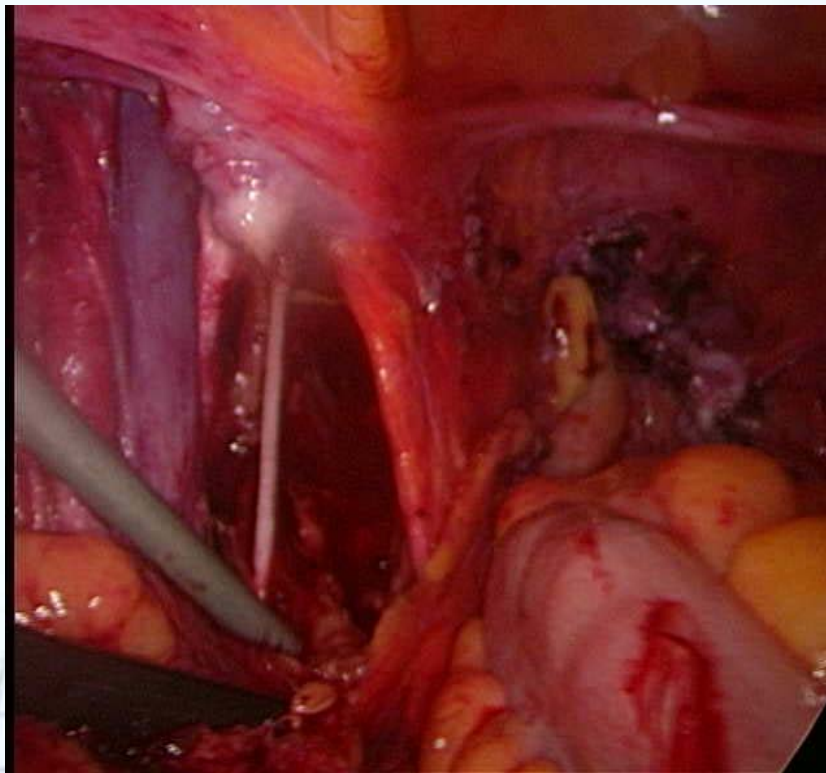
# The advantages of laparoscopic lymphadenectomy

- ❖ Diagnostic lymphadenectomy by laparotomy is **costly and uncomfortable**, and causes major peri-operative complications and pelvic adhesions.
- ❖ Laparoscopy, however, results in **minimal surgical trauma, less intra-abdominal adhesion formation, lower costs, less pain, and a shorter recovery time.**



# History of laparoscopic lymphadenectomy

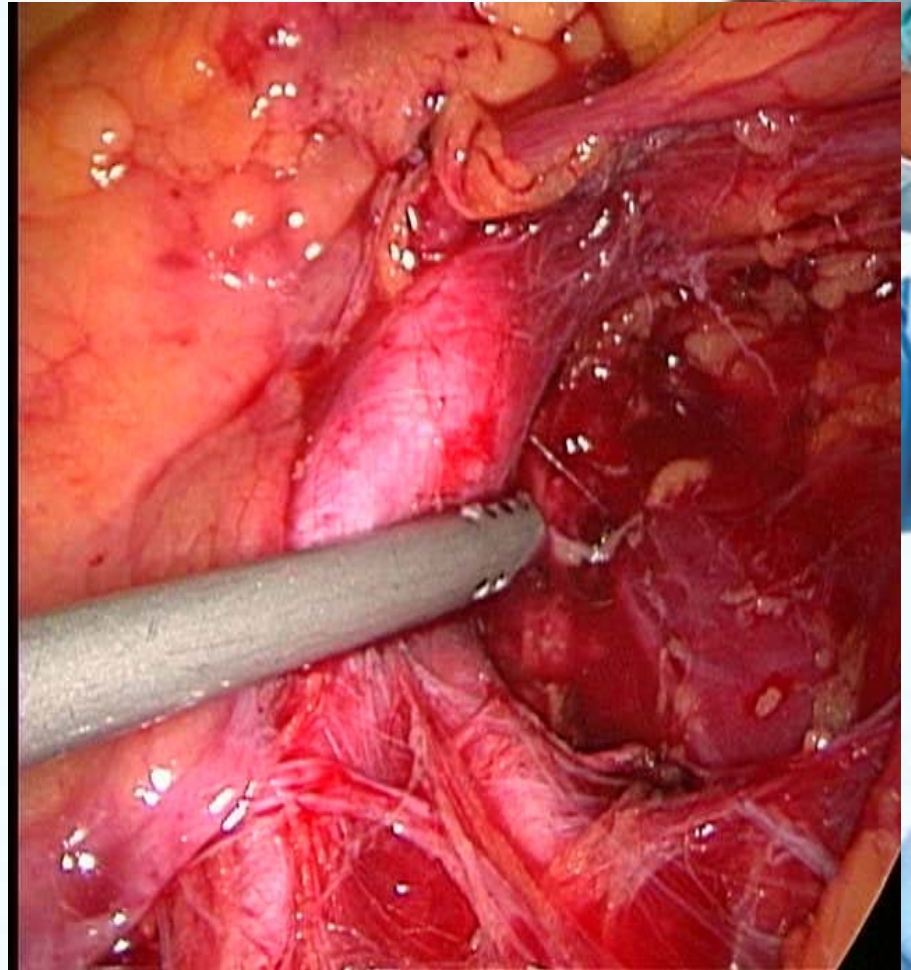
**Dargent** reported the first case of laparoscopic pelvic lymphadenectomy on early-stage diseases in 1987.





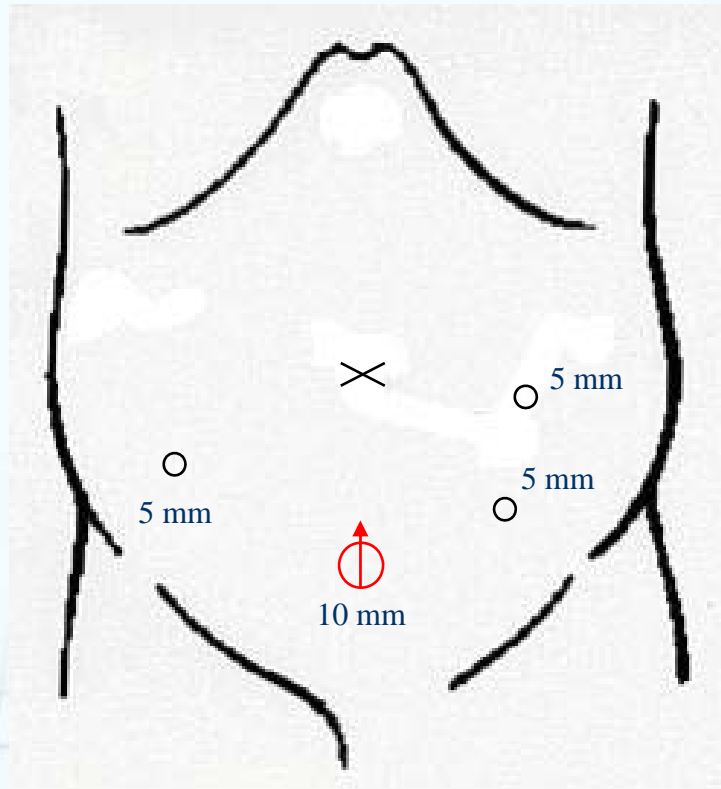
# History of laparoscopic lymphadenectomy

1. Childers described laparoscopic para-aortic lymphadenectomy in 1992.
2. Improvements in laparoscopic surgical techniques and instrumentation have made laparoscopic lymphadenectomy in gynecologic malignancies feasible and effective.
3. The development of laparoscopic techniques open the new avenues for laparoscopic treatment in gynecologic malignances.

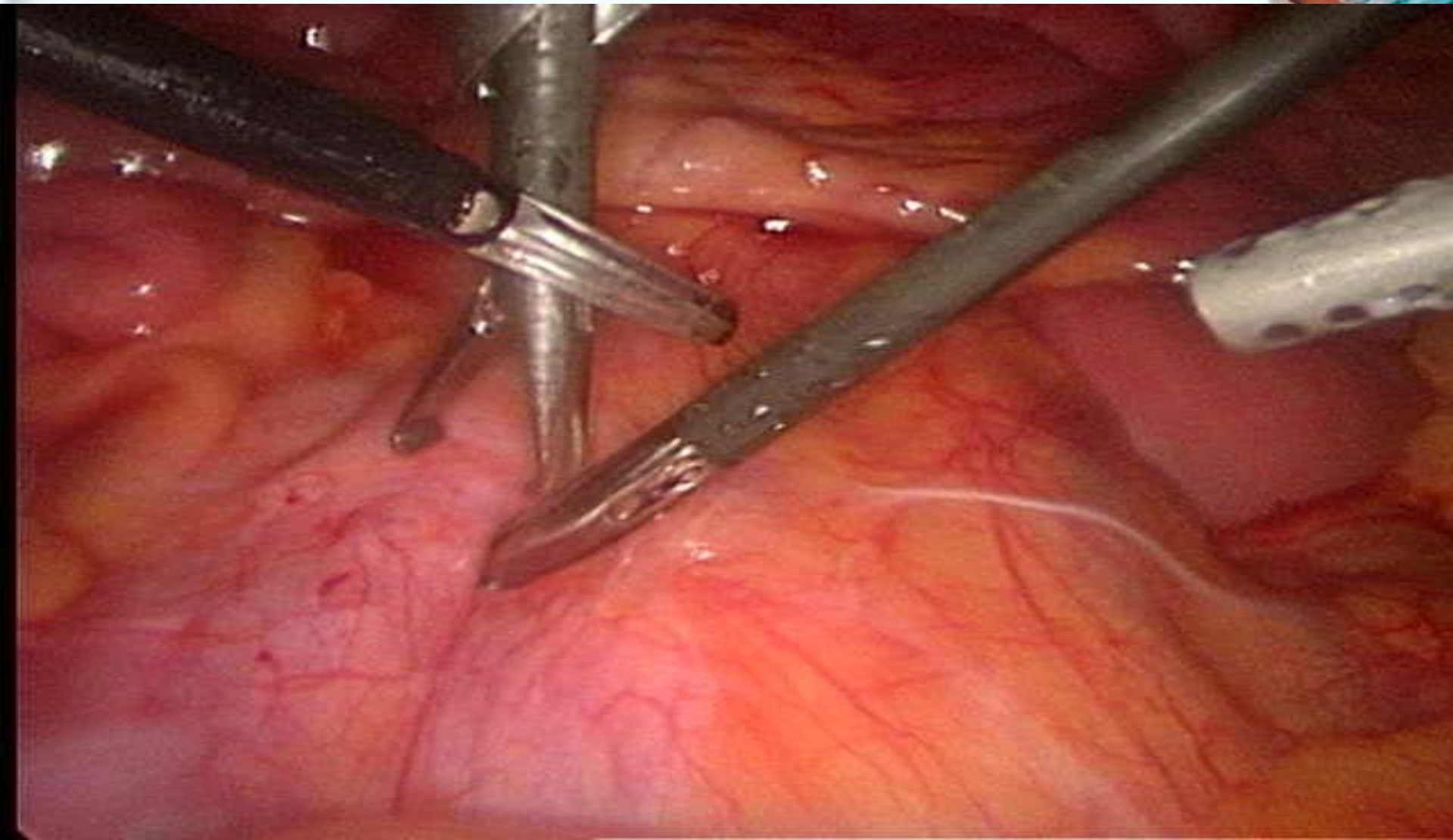


# Procedures of transperitoneal para-aortic lymphadenectomy: normal lower port

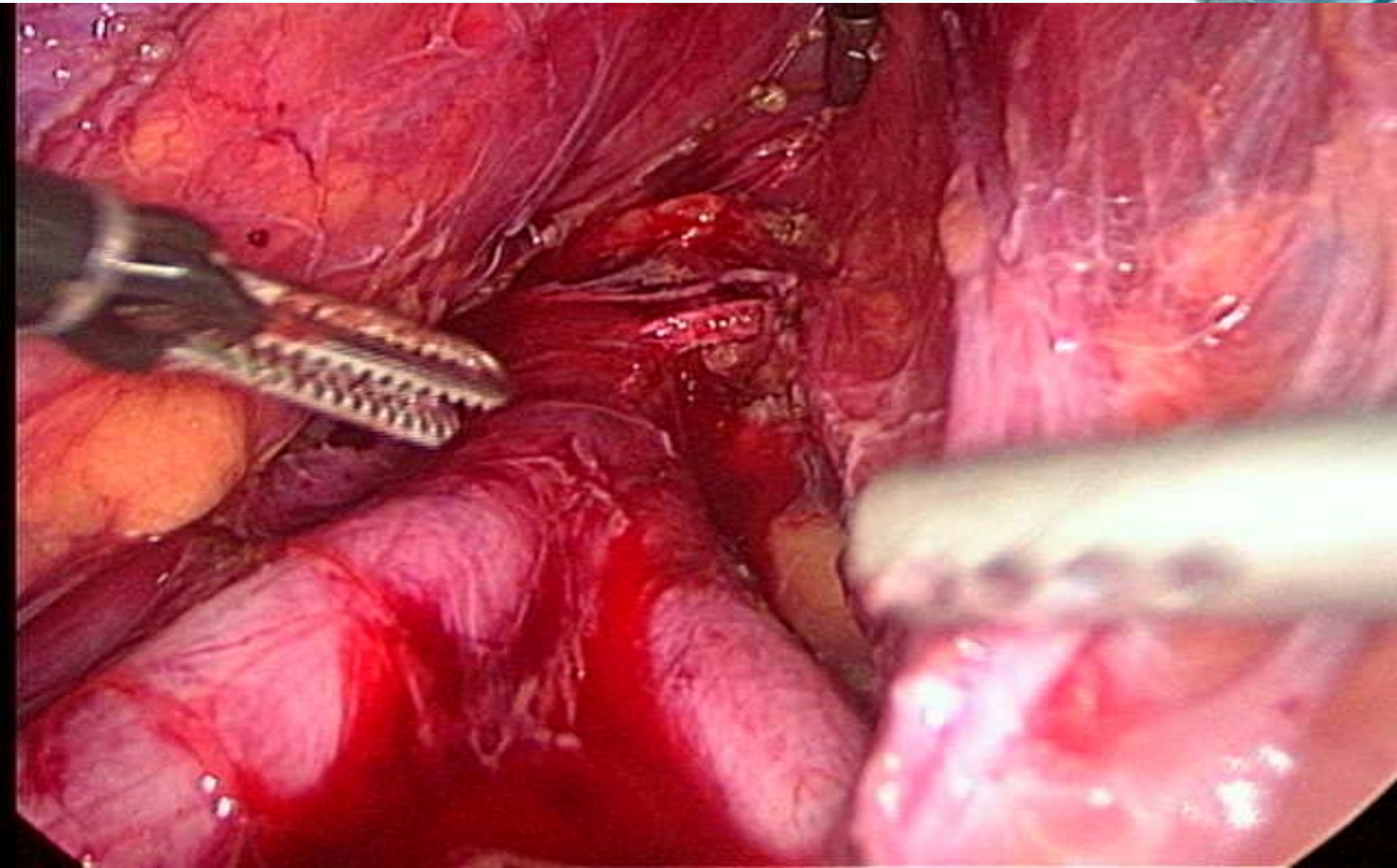
## 1. Trocar positions



# Peritoneal incision



# Check bleeding



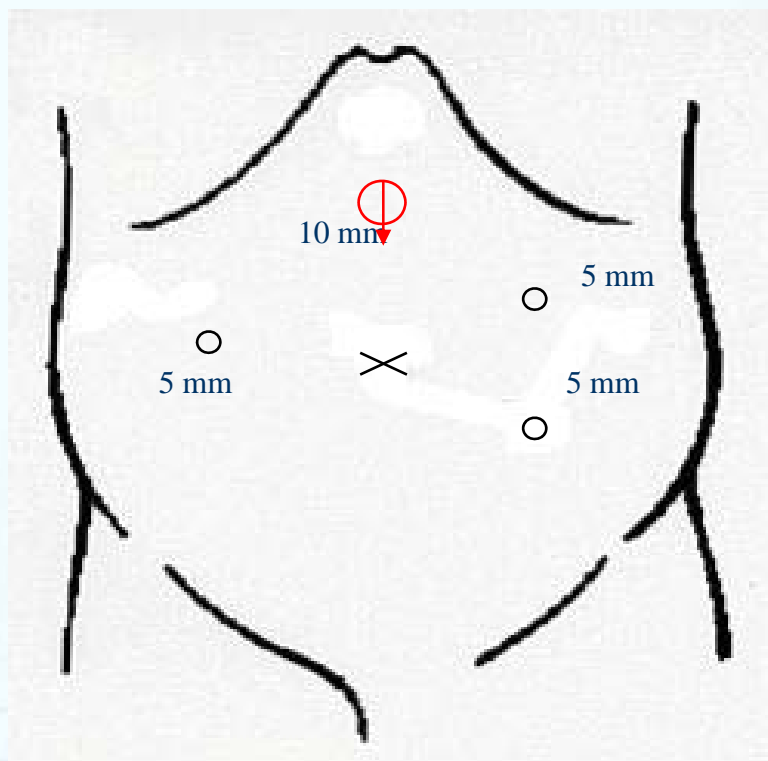
# Laparoscopic para-aortic LN sampling at Mackay Memorial Hospital (Taipei)

- ❖ Invasive cervical cancer, 38 patients
- ❖ From August 1993 to July 1994
- ❖ Average time :77mins, blood loss: 116ml
- ❖ Average nodes: 15
- ❖ Conclusions: a less invasive , reliable method , lower risk

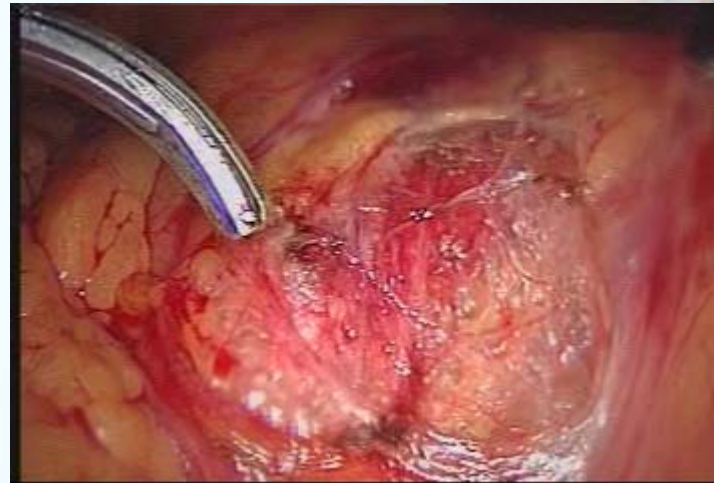
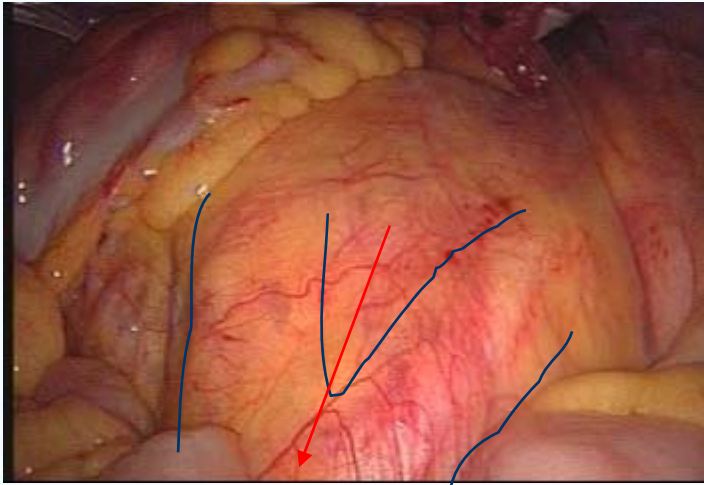
Su et al Int J Gyne Obst 1995

# Procedures of transperitoneal para-aortic lymphadenectomy: Lee-Huang port

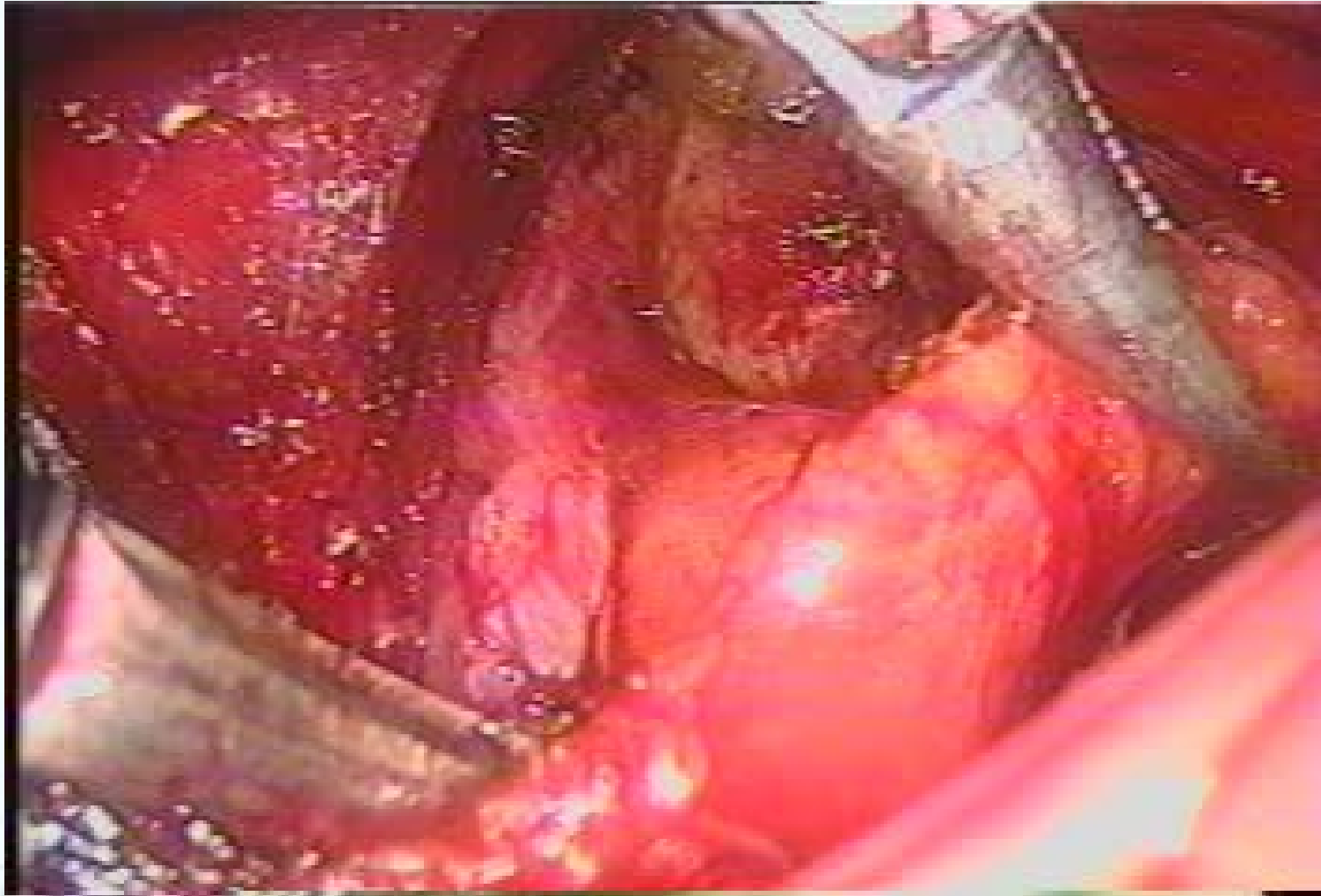
## 1. Trocar positions



## 2. Open the retroperitoneum

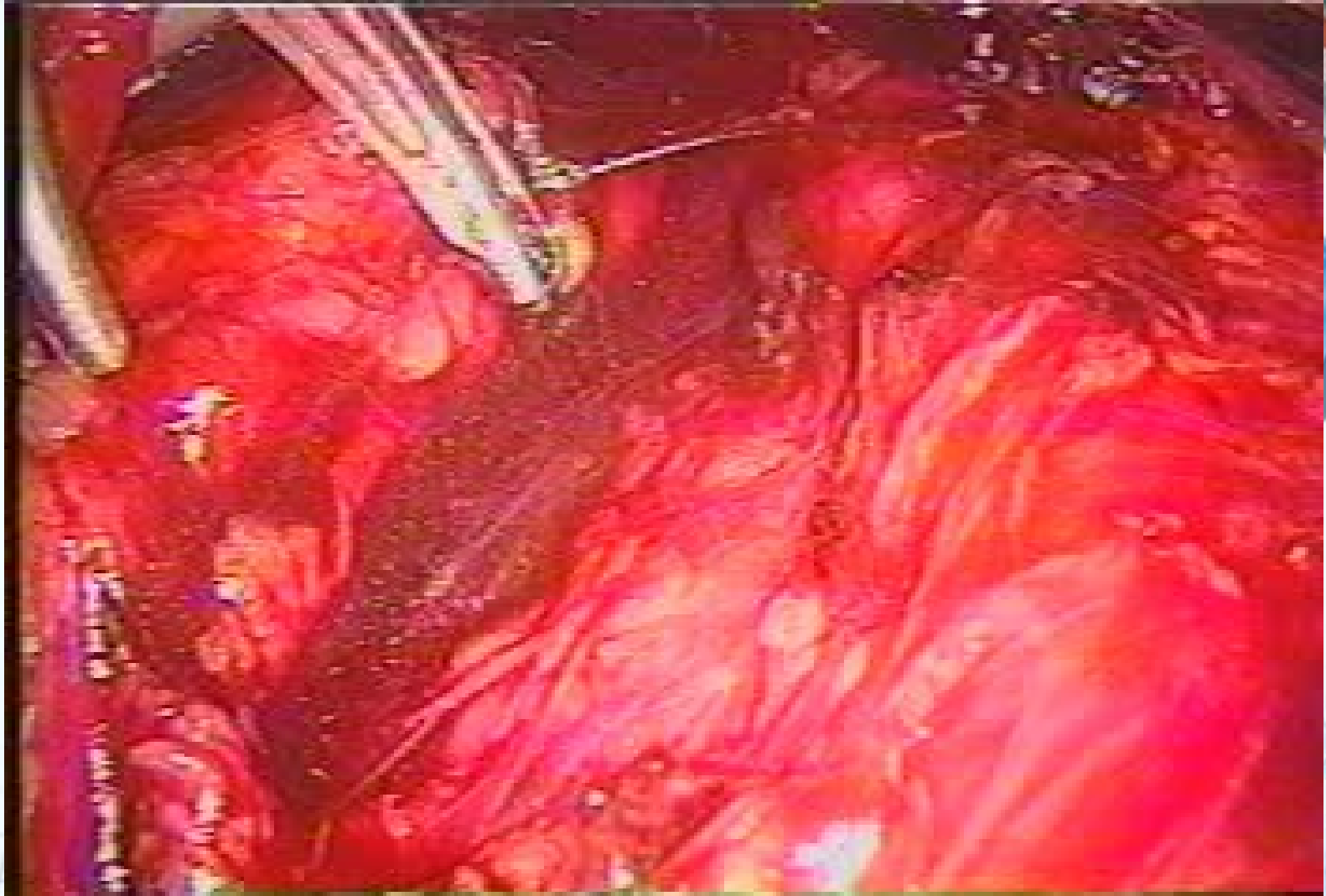


### 3. Right para-aortic lymphadenectomy



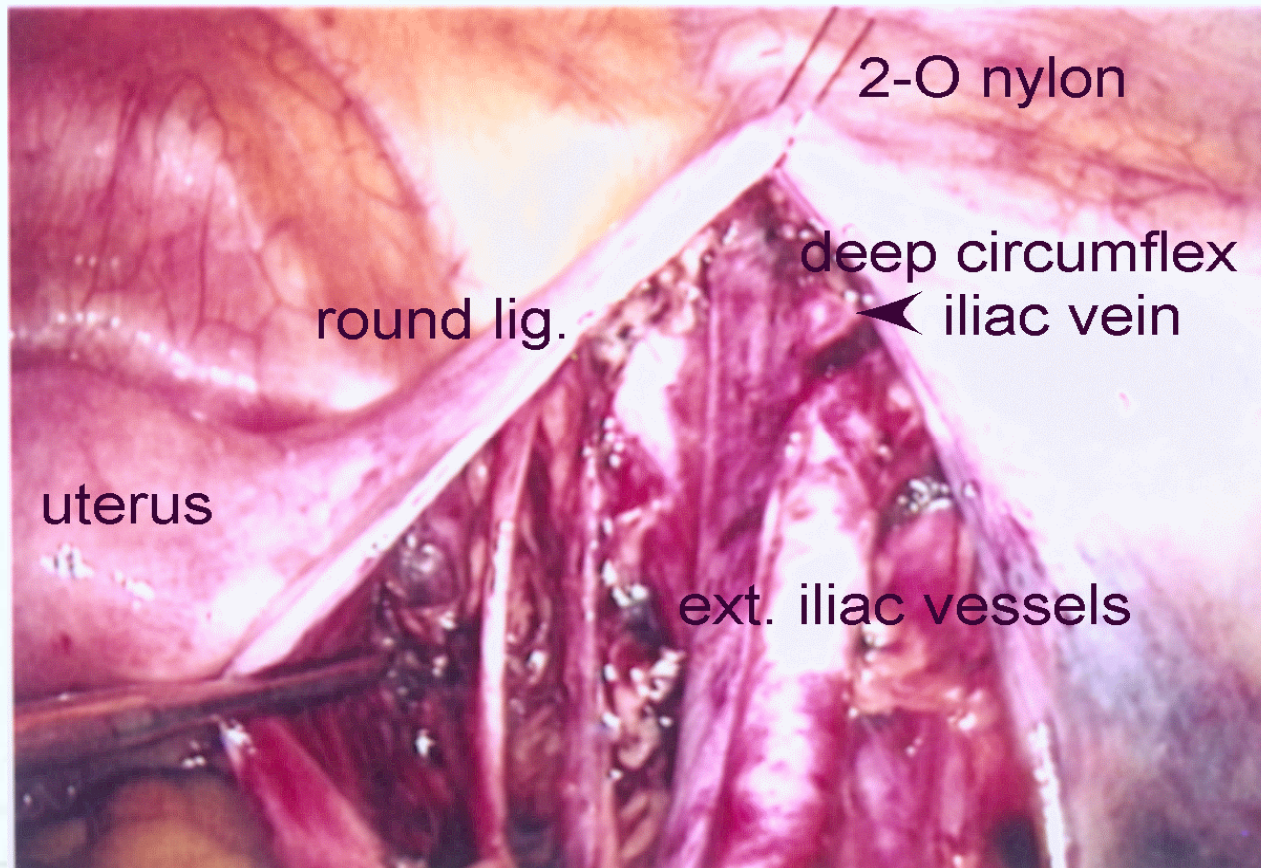


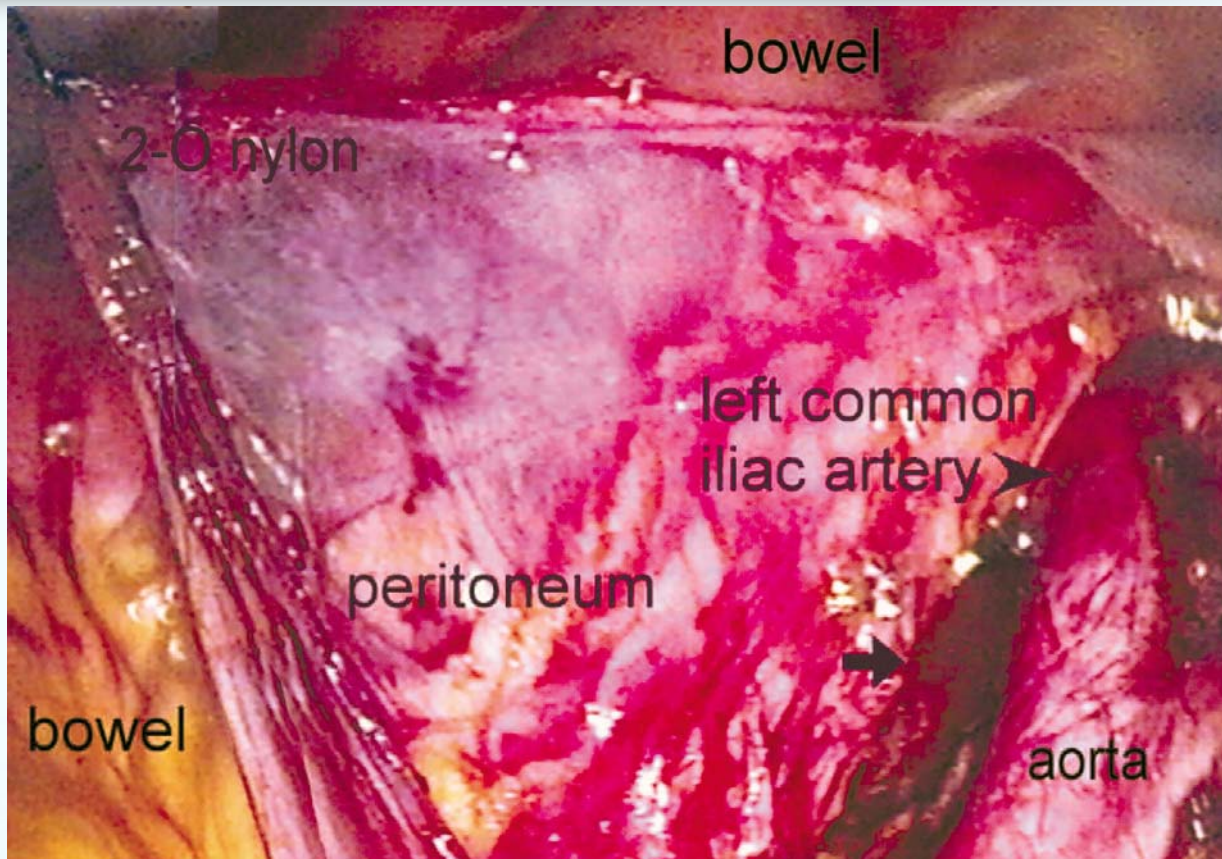
## 4. Left para-aortic lymphadenectomy



# A Modified Suspension Technique for Better Exposure of Retroperitoneal Space in Laparoscopic Lymphadenectomy

MC Huang, KL Wang, HS Chen, YC Yang, TH Su.





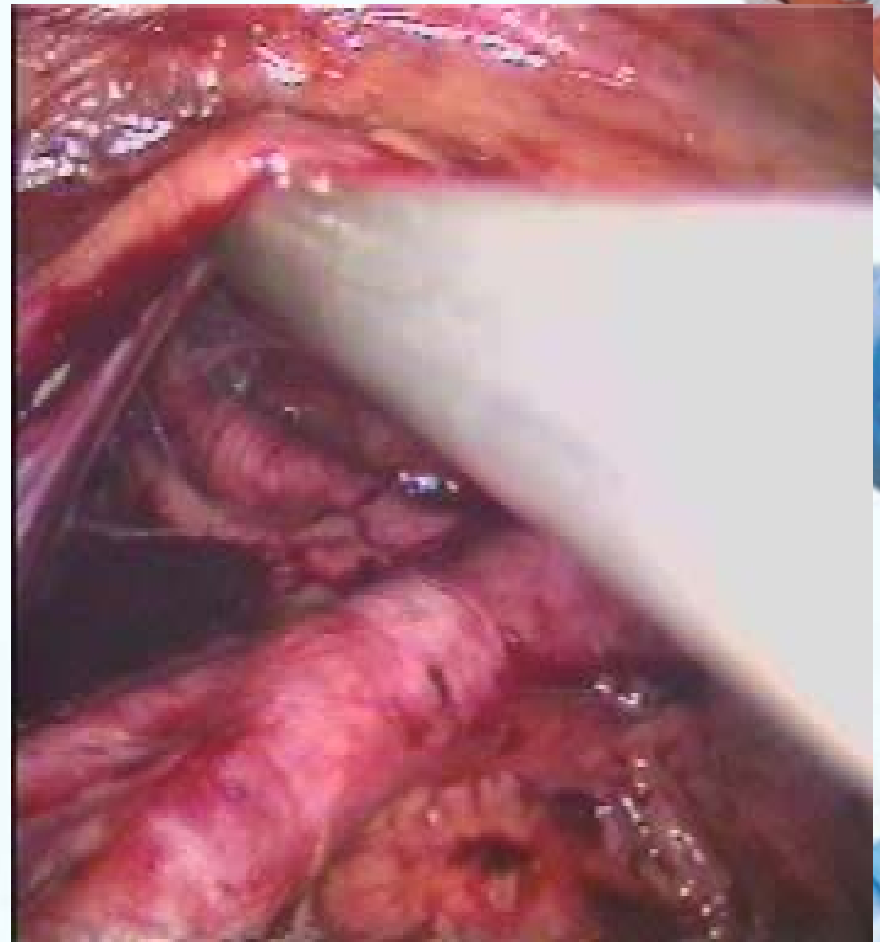
# Approaches of laparoscopic paraaortic lymph node dissection

1. Transperitoneal
  - a. Normal lower port
  - b. Lee-Huang Port
2. Bilateral extraperitoneal
3. Left extraperitoneal



# History of laparoscopic extraperitoneal pelvic and paraaortic lymphadenectomy

1. Laparoscopic extraperitoneal **pelvic** lymphadenectomy (LEPL) was first reported by **Dargent** in 1987.
2. The extraperitoneal laparoscopic approach for para-aortic lymph node dissection (LEPAL) was first described by **Vasilev and McGonigle** (1996).



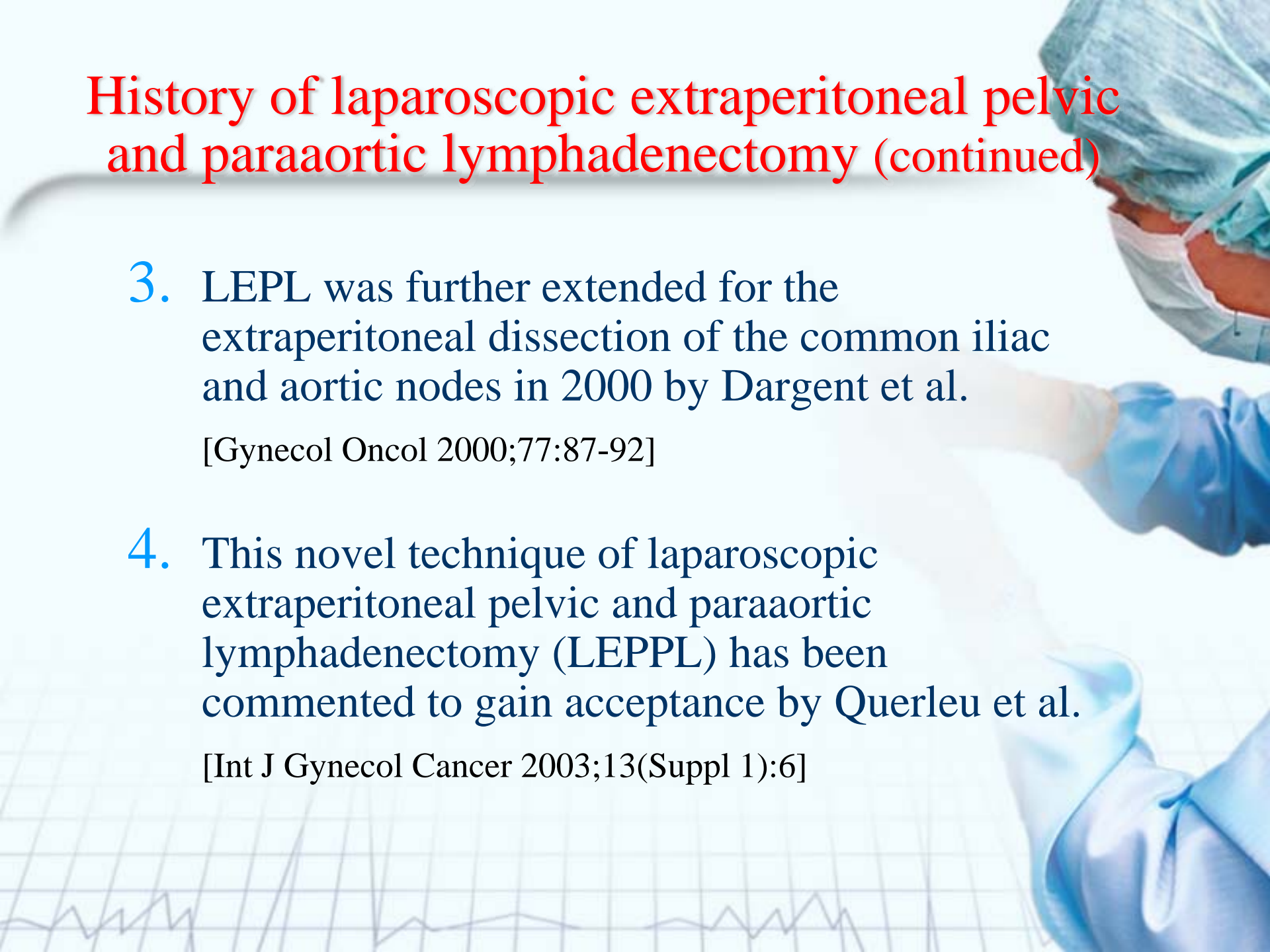
# History of laparoscopic extraperitoneal pelvic and paraaortic lymphadenectomy (continued)

3. LEPL was further extended for the extraperitoneal dissection of the common iliac and aortic nodes in 2000 by Dargent et al.

[Gynecol Oncol 2000;77:87-92]

4. This novel technique of laparoscopic extraperitoneal pelvic and paraaortic lymphadenectomy (LEPPL) has been commented to gain acceptance by Querleu et al.

[Int J Gynecol Cancer 2003;13(Suppl 1):6]

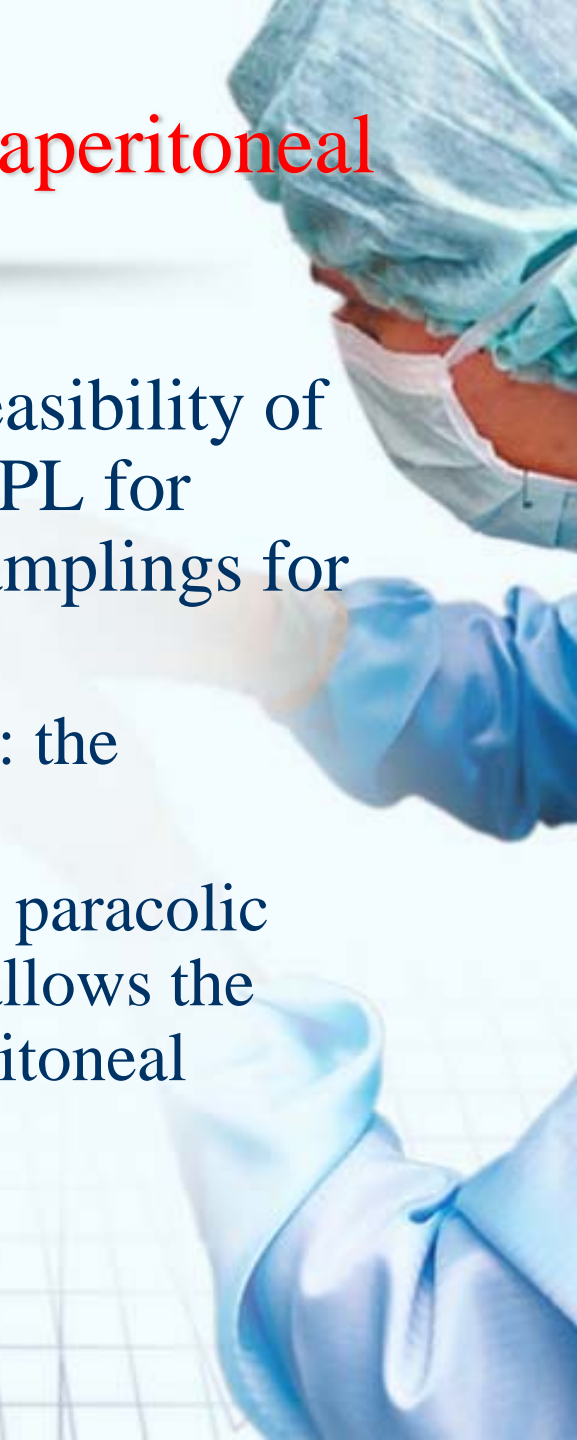


# The advantages of laparoscopic extraperitoneal lymphadenectomy(I)

1. LEPPL is technically easier; surgically and anatomically more logical; and creates fewer peritoneal adhesions than its transperitoneal counterpart.
2. The application of LEPPL to the common iliac and aortic nodes is the principal technique for patients with advanced-stage cervical cancer, which are often subjected to extended field irradiation.
3. Extraperitoneal approach to the paraaortic node dissection has been associated with less radiation-associated gastrointestinal morbidity.

# The advantages of laparoscopic extraperitoneal lymphadenectomy(II)

4. These authors have confirmed the feasibility of the **left** extraperitoneal route of LEPPL for systematic paraaortic lymph node samplings for patients with cervical cancer.
5. Major complication of the new LEPPL: the formation of **giant lymphocysts**  
Solution: Incision of peritoneum of the paracolic gutter at the end of the procedure and allows the intraperitoneal drainage of the extraperitoneal dissection area.





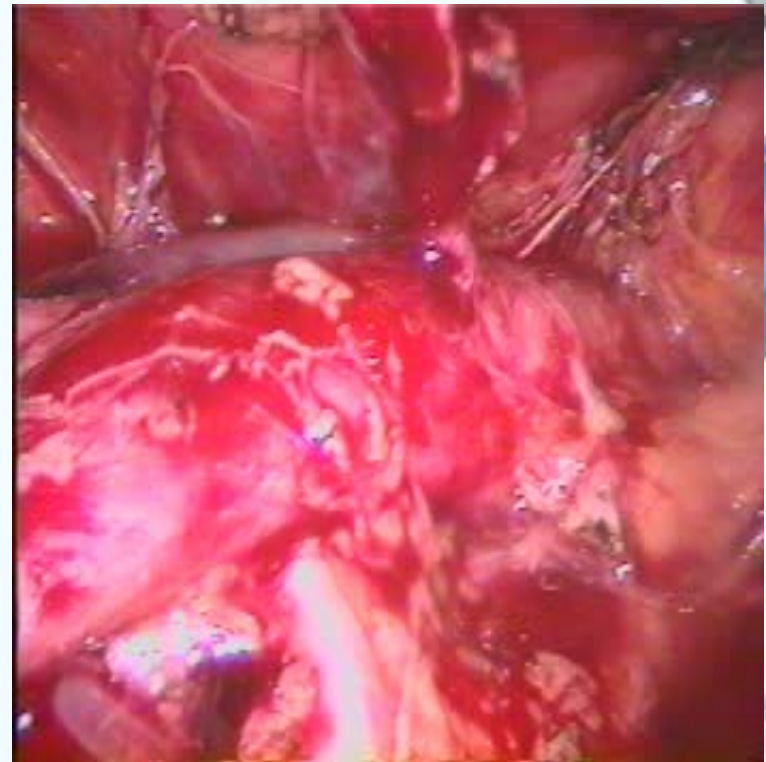
# Laparoscopic Extraperitoneal Lymphadenectomy

- ❖ Mehra et al. --this approach identifies those cervical and endometrial cancers requiring **extended field radiation** as part of their adjuvant therapy and can be used efficaciously in staging **early ovarian cancers** to determine the need for adjuvant chemotherapy.

(Gynecol Oncol. 2004;93:189–193)

- ❖ Burnett et al. (46 patients)--median lymph node of **14** (range, 0–60).

(Gynecol Oncol. 2004;95:189–192)



# LEPAL: Surgical Procedure at MMH(I)

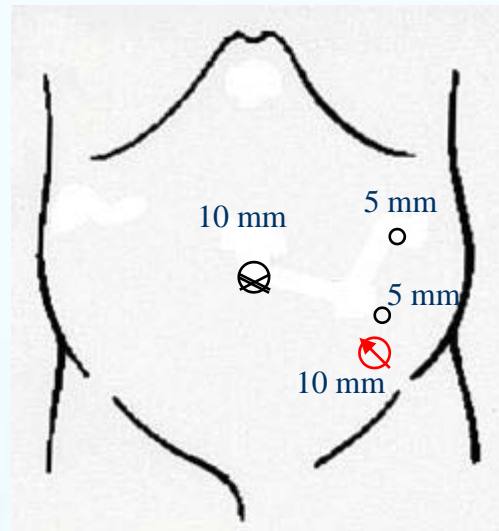
1. Intraperitoneal laparoscopy to look for intraperitoneal disease
2. Initiation of left extraperitoneal approach
3. Finger dissection to create extraperitoneal space
4. Insertion of accessory trocars
5. Development of pneumo-extraperitoneal space
6. Identification of left ureter and iliac vessels to create space to aortic area

# LEPAL: Surgical Procedure at MMH(II)

7. Identification of right ureter and right common iliac artery
8. Identification of inferior mesenteric artery and inferior vena cava
9. Performance of lymph node dissection
10. Removal of lymph nodes by tissue bag and sent for frozen section
11. Marsupialization of the extraperitoneal space for drainage

# Left extraperitoneal paraaortic lymphadenectomy (LEPAL)

## 1. Trocars positions



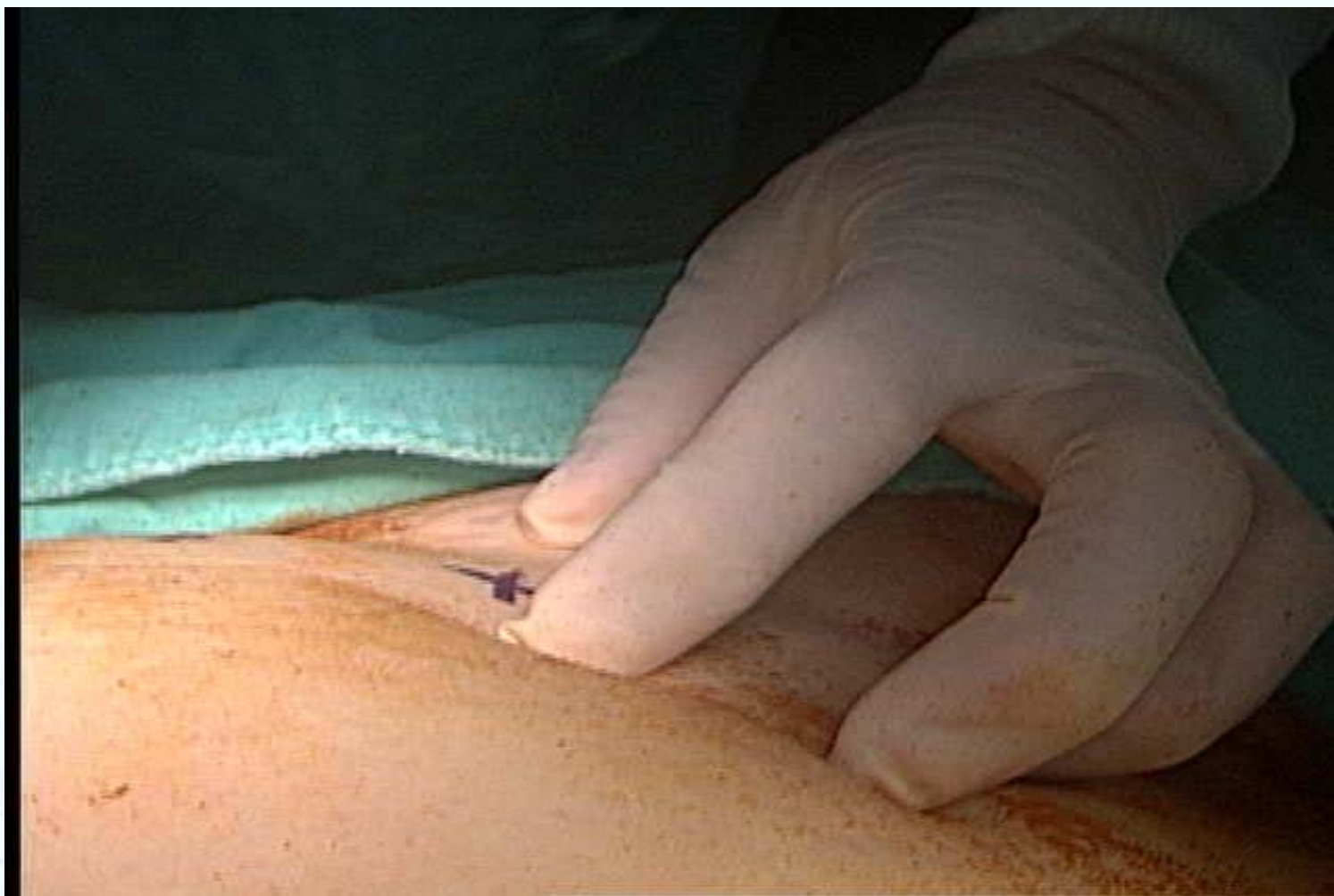
# Trocars positions



# Intraperitoneal laparoscopy to look for intraperitoneal disease



# Finger dissection to create extraperitoneal space (I)



# Finger dissection to create extraperitoneal space (II)





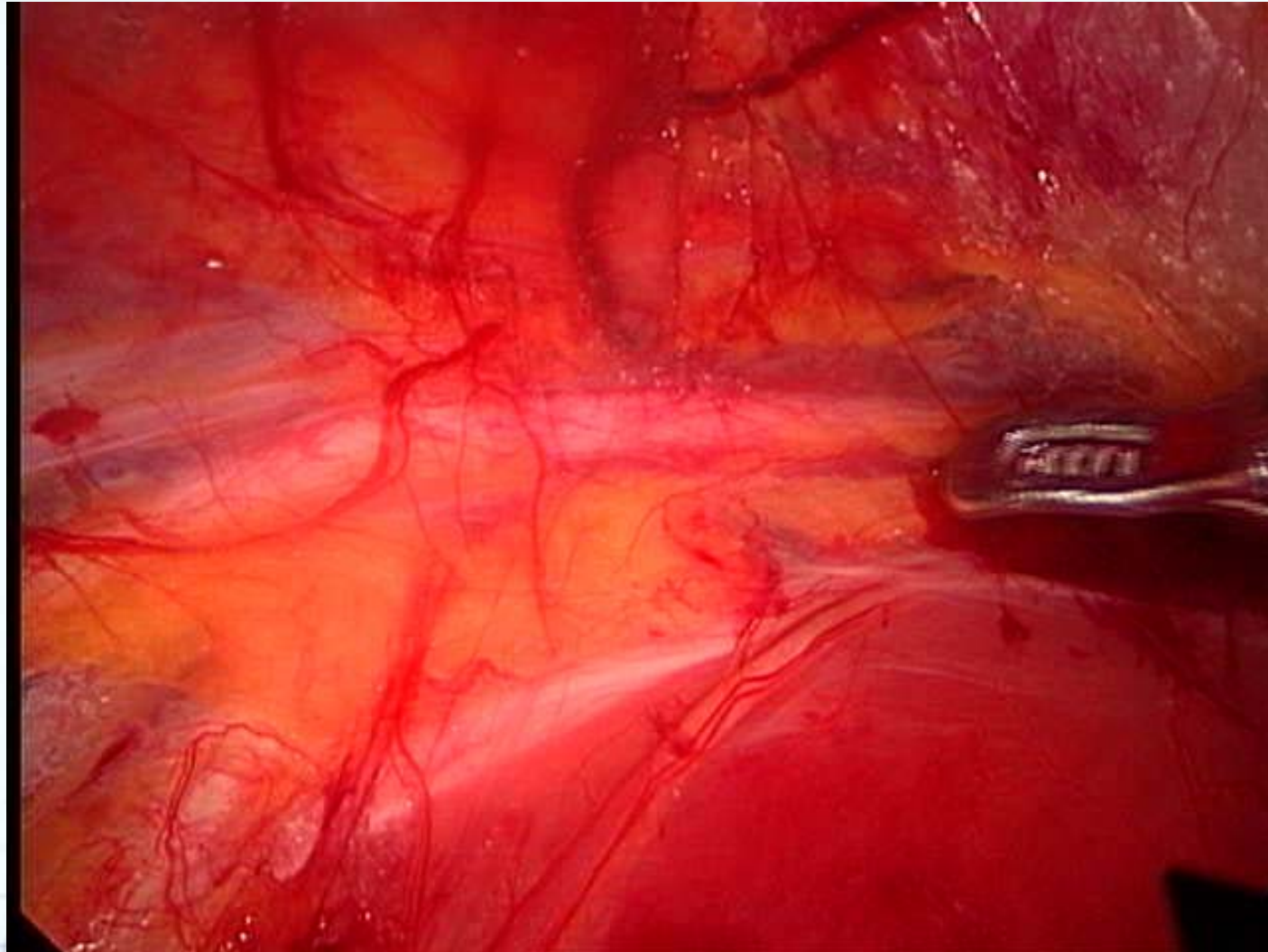
# Insertion of accessory trocars(I)



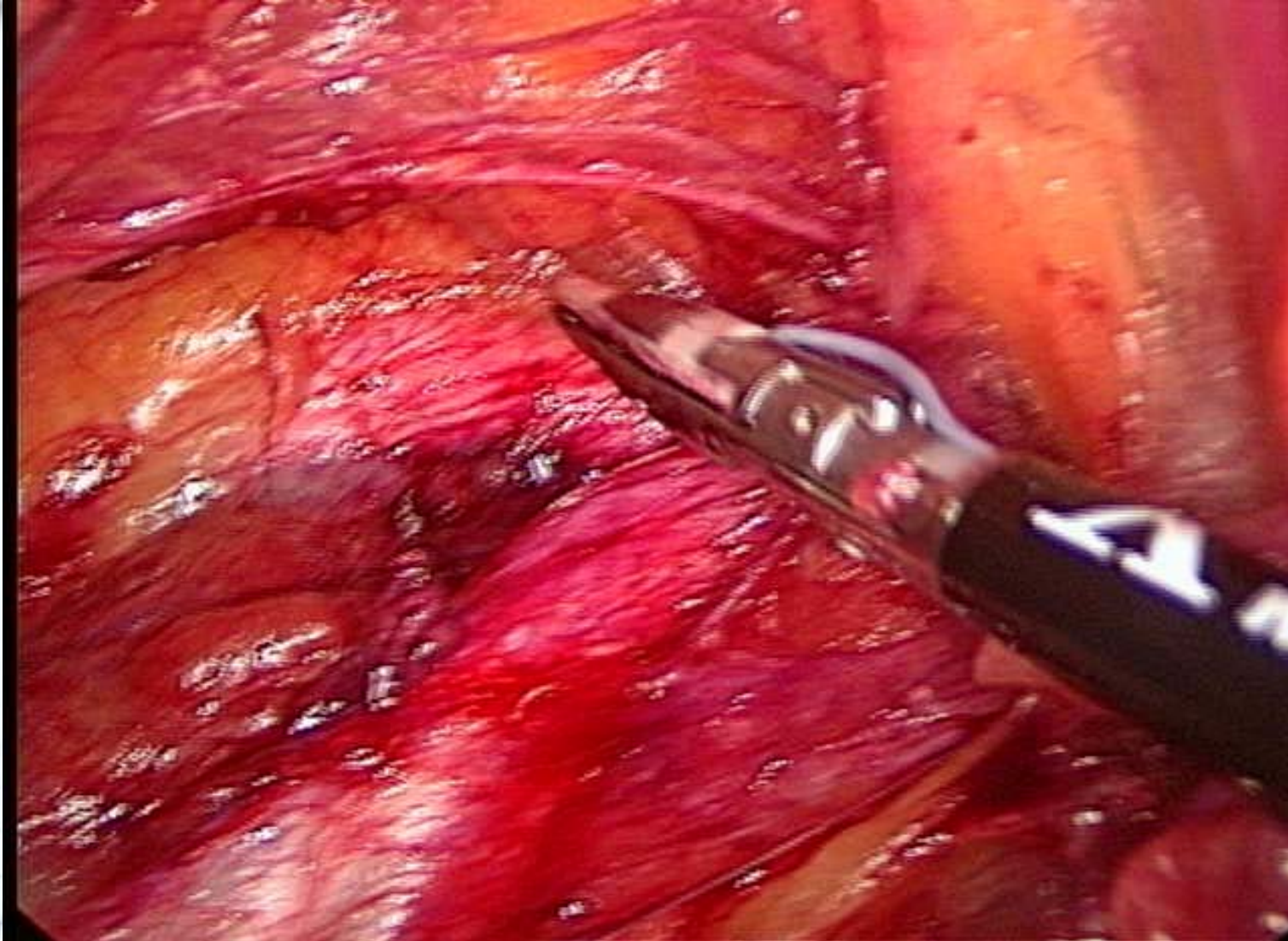
# Insertion of accessory trocars(II)



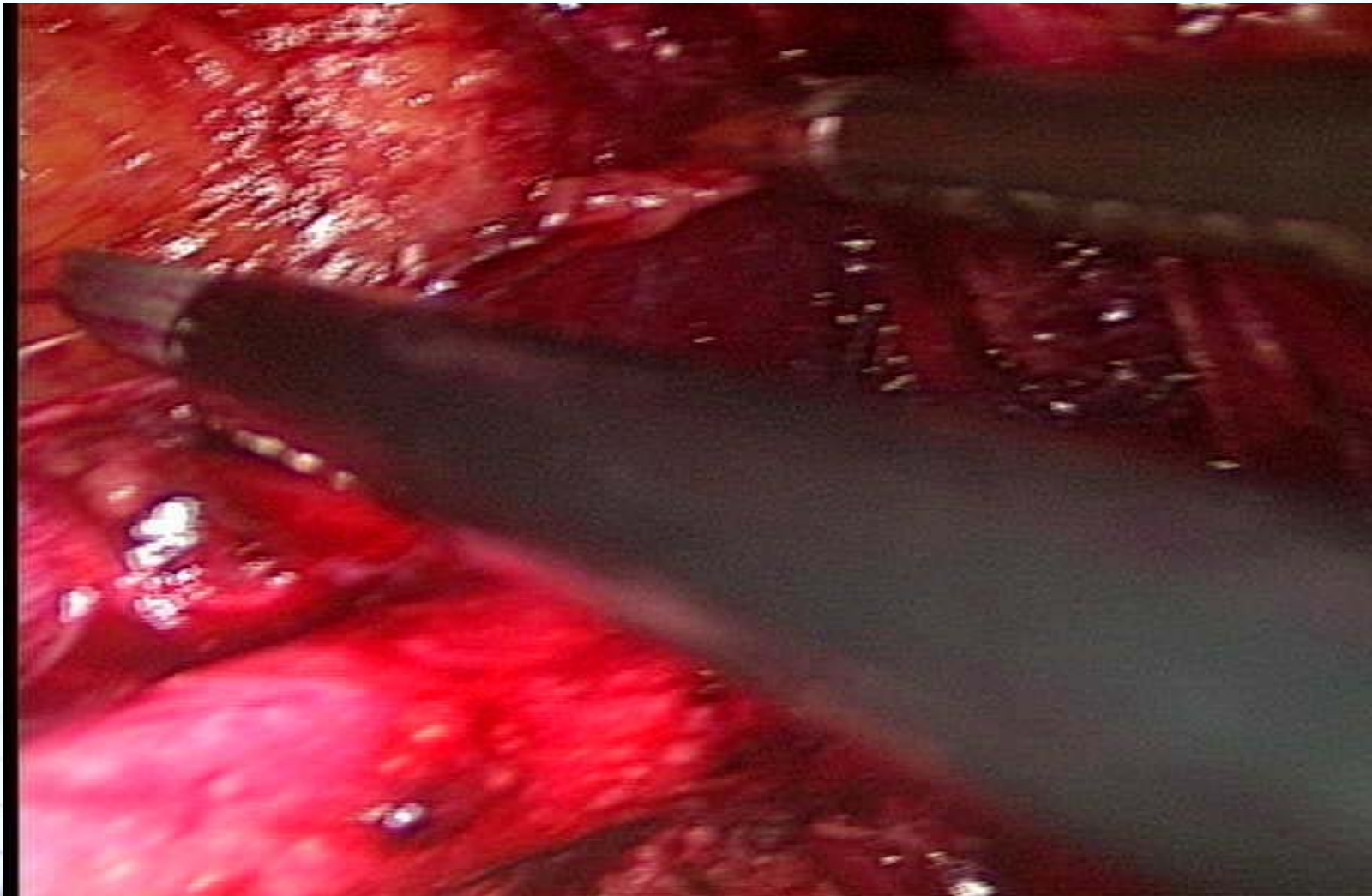
Identification of left ureter and iliac vessels to create space to aortic area

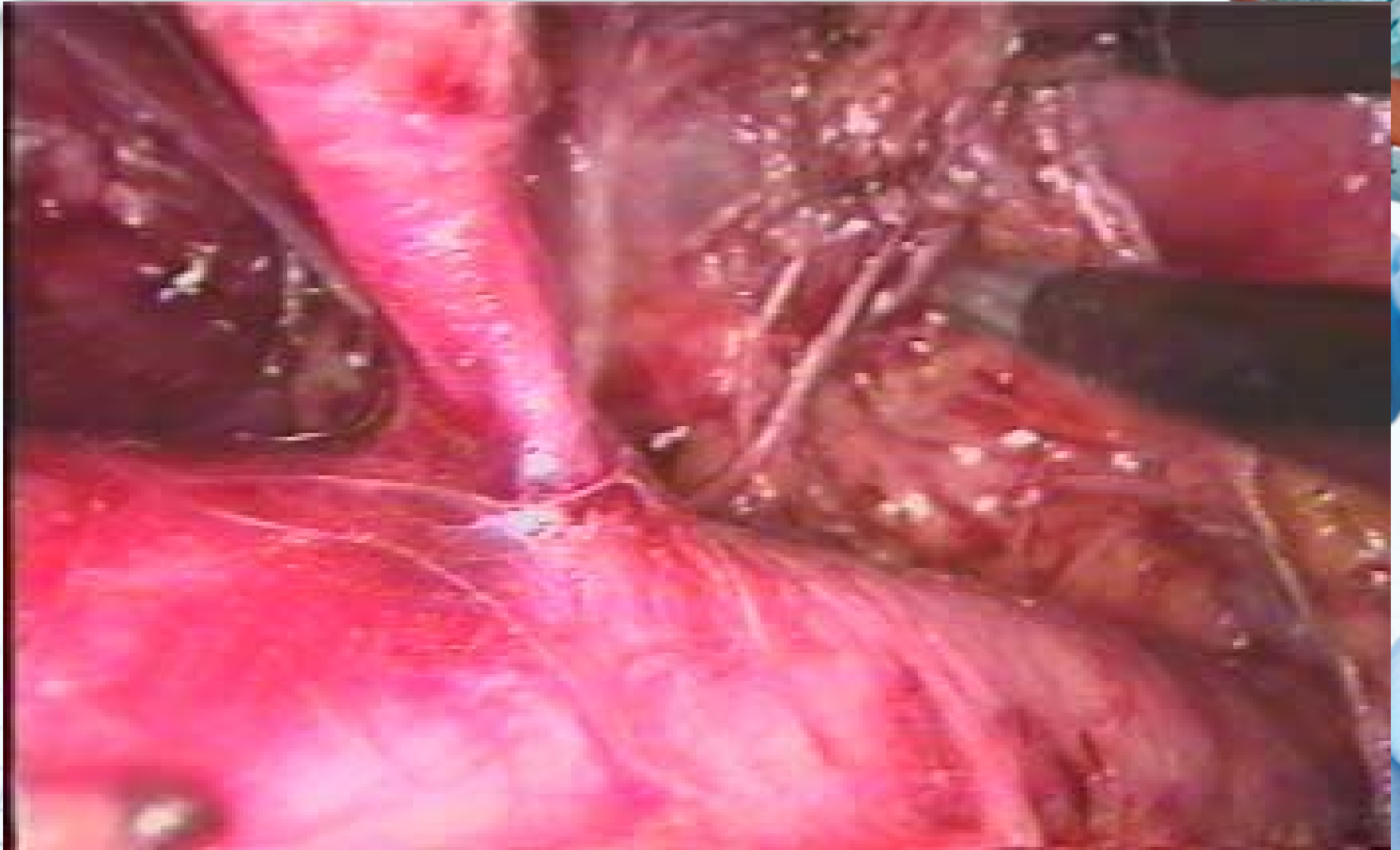


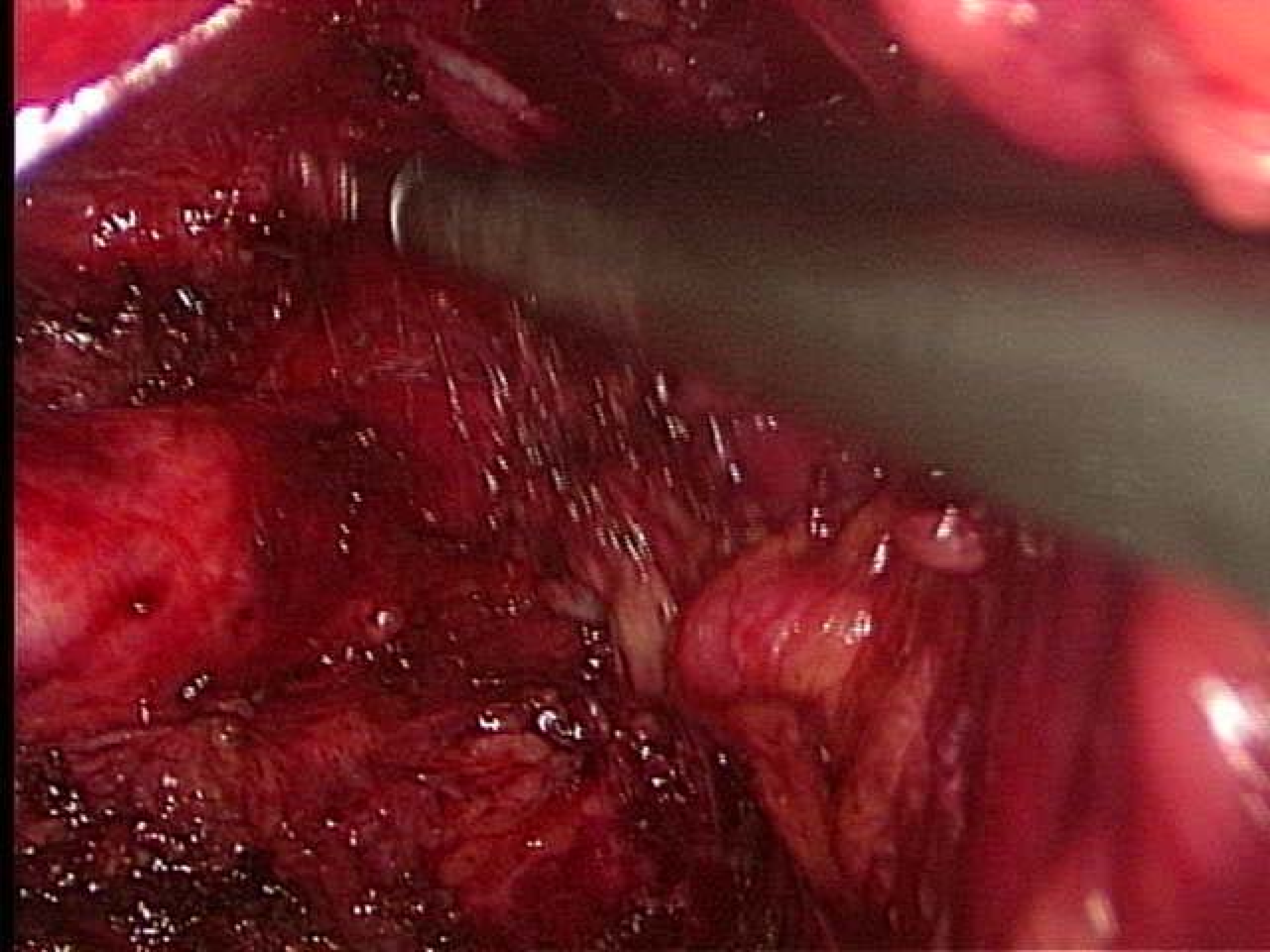
# Identification of right ureter and right common iliac artery



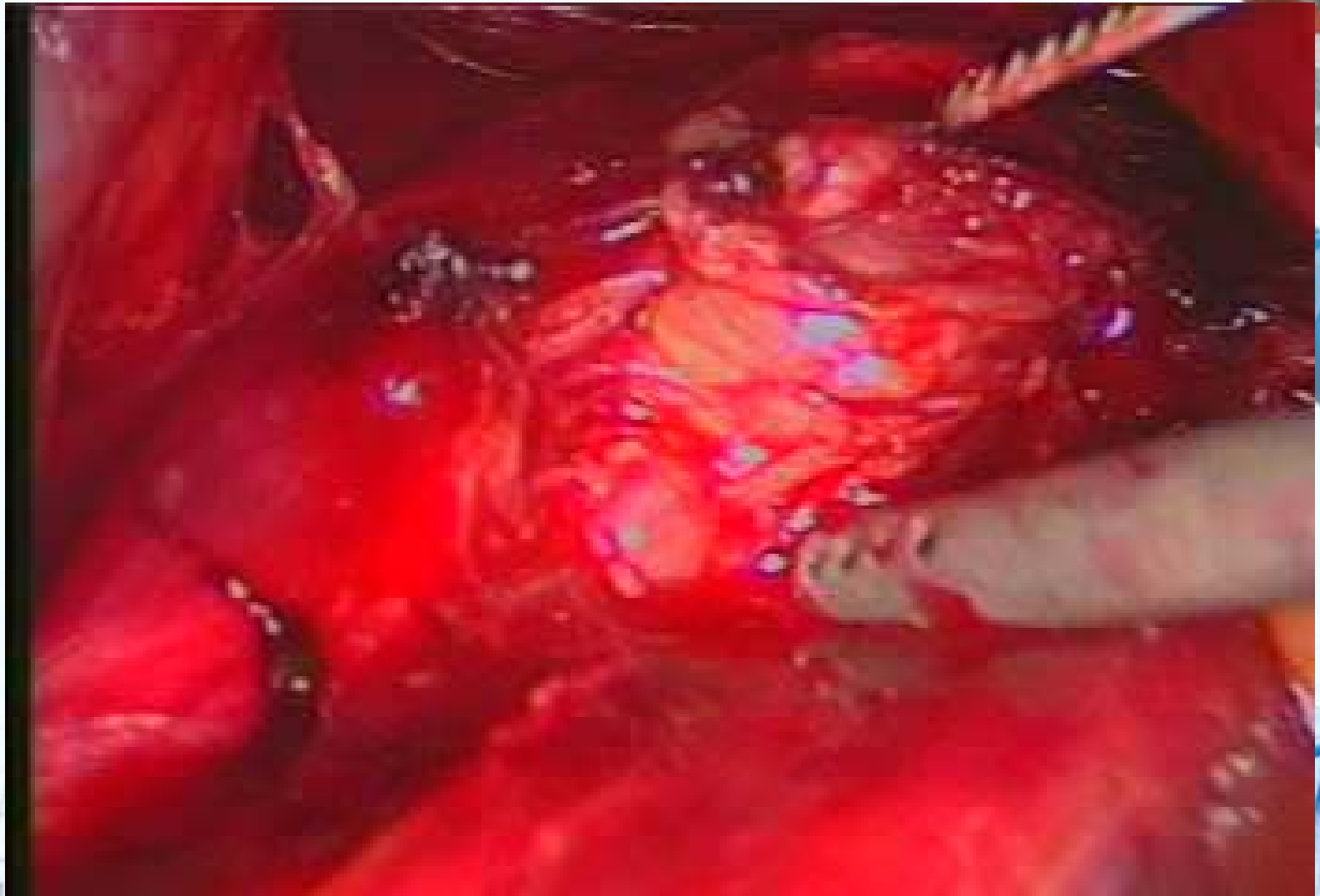
# Identification of inferior mesenteric artery and inferior vena cava







# Performance of lymph node dissection

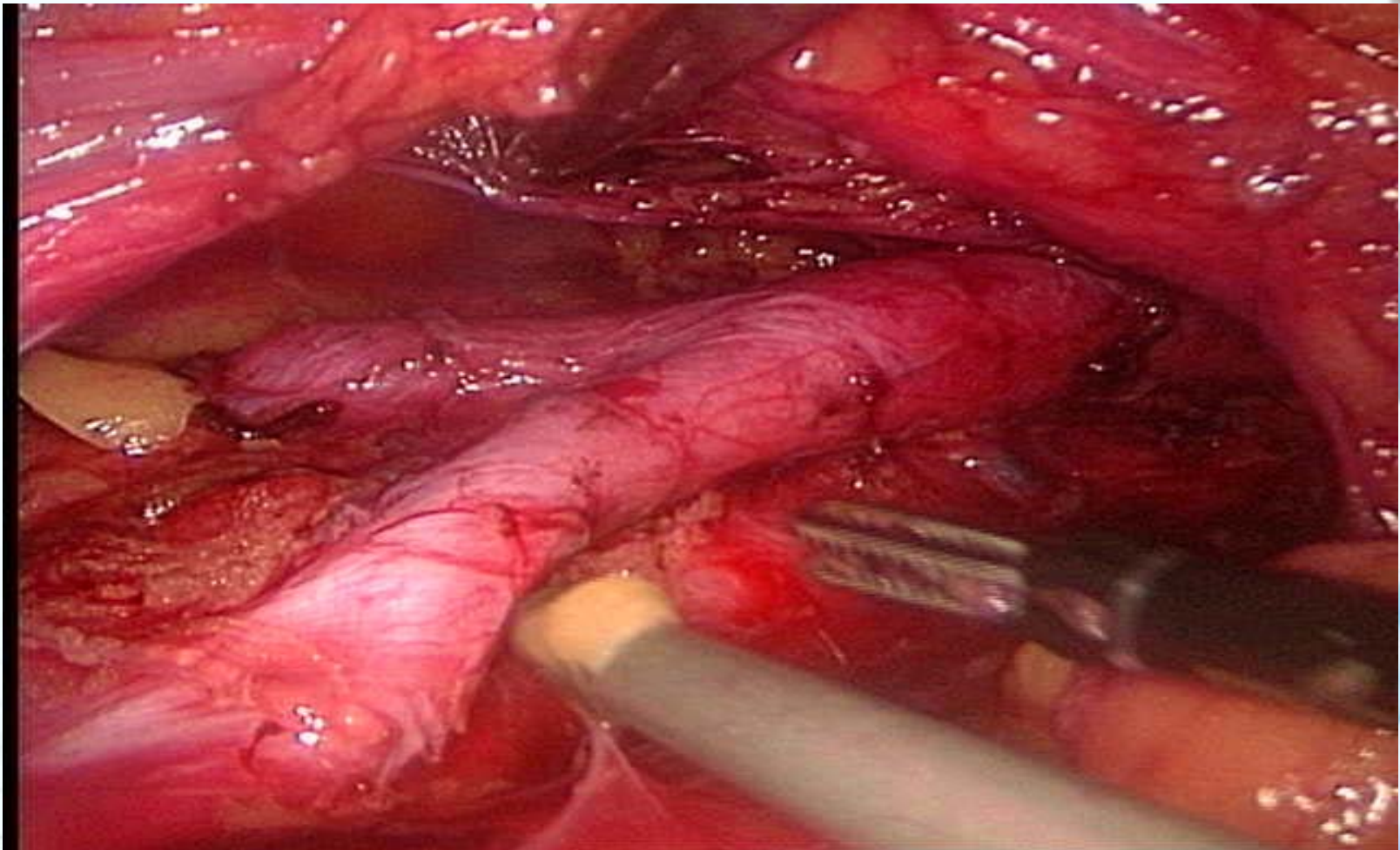




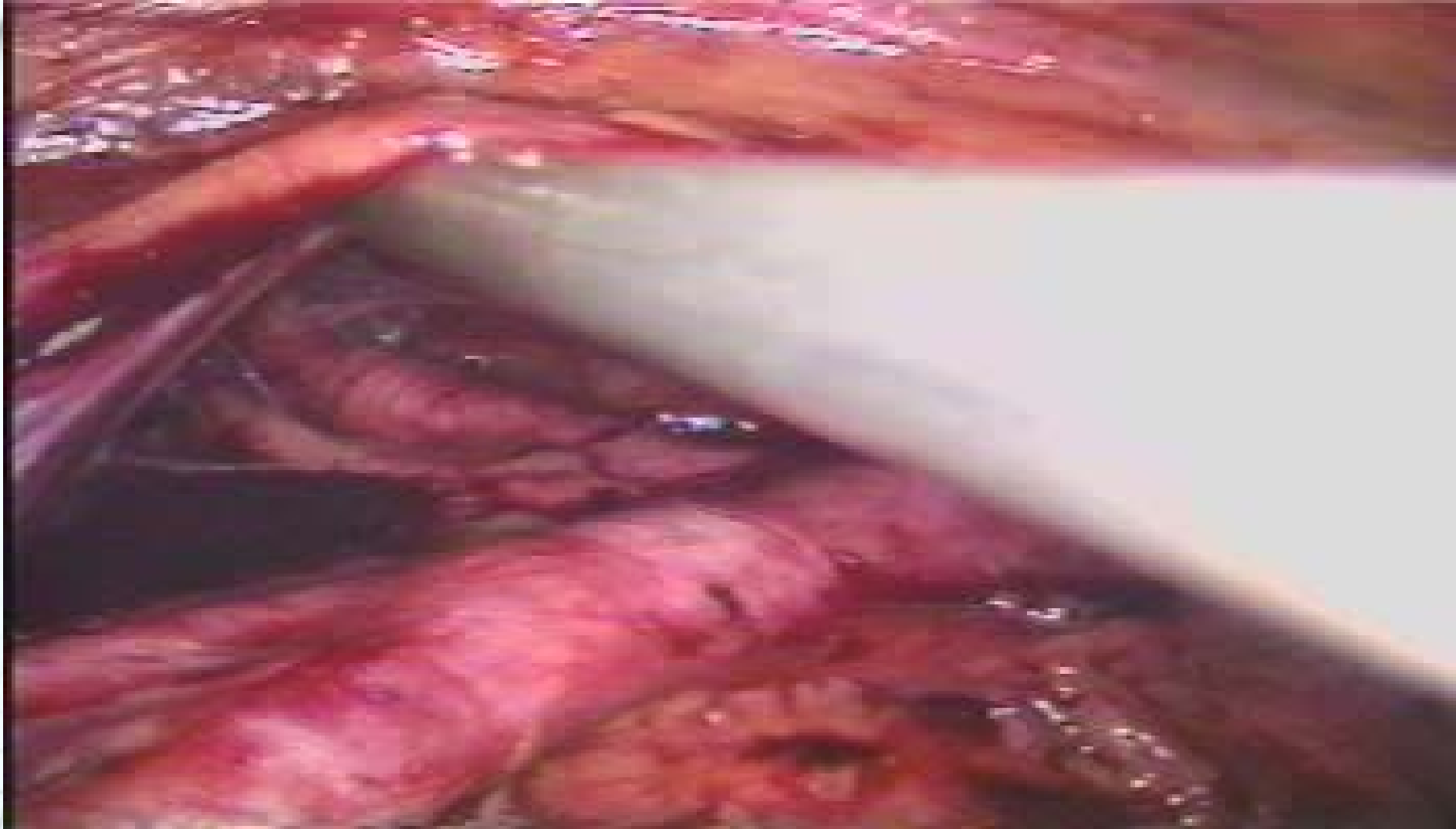
Removal of lymph nodes by tissue bag and sent for frozen section



# Check Bleeding (I)



# Check Bleeding (II)



# Marsupialization of the extraperitoneal space for drainage



# Our retrospective result

- From 2006 to 2009, laparoscopic extraperitoneal para-aortic lymph nodes dissection were performed in 40 cervical cancer cases in Mackay Memorial Hospital, Taipei, Taiwan.
- Mean age is 51.7 years.



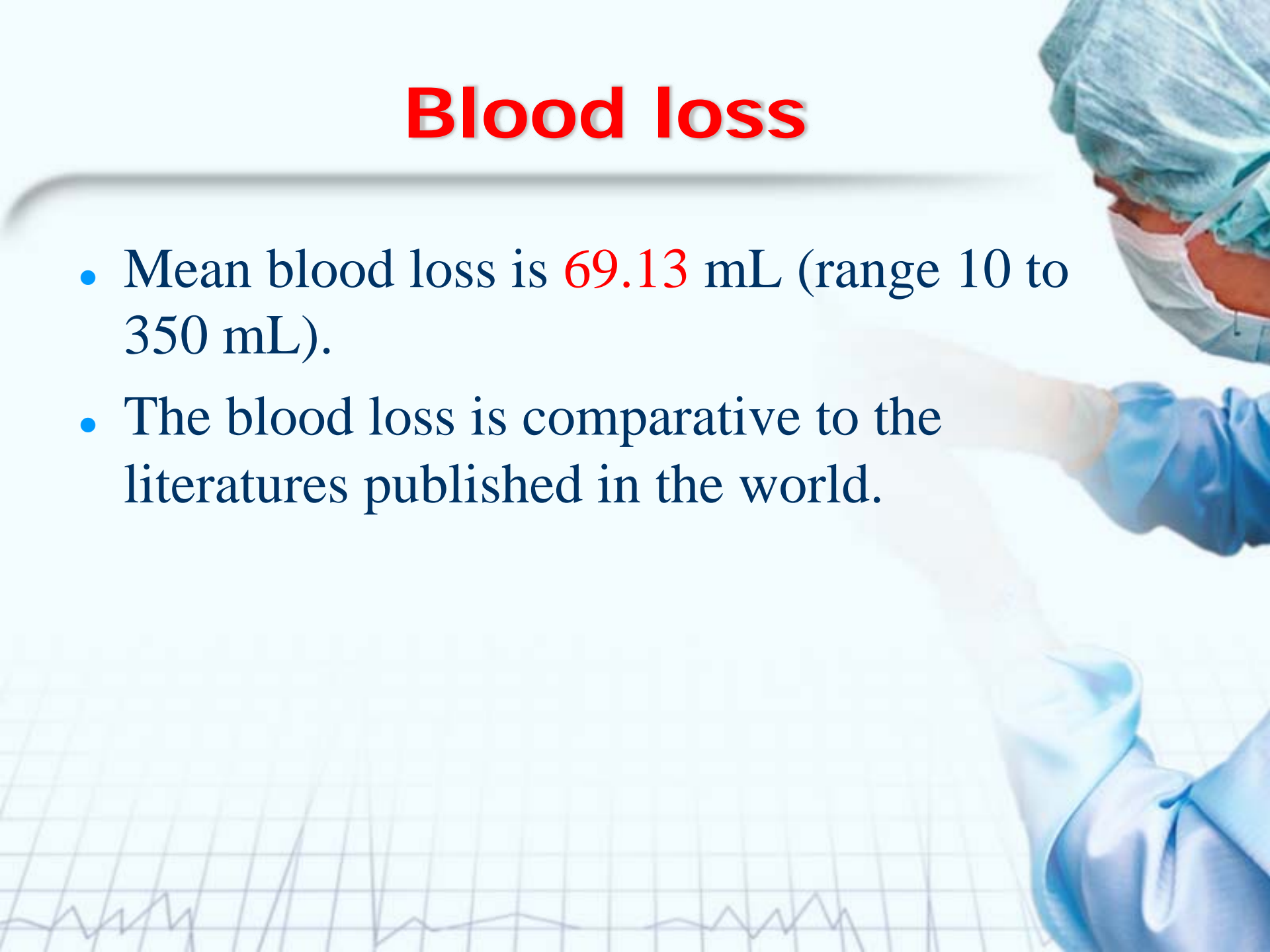
# Mean operative time



- Mean operative time is **176.06** minutes. (range 70 to 415 minutes)
  - From **2006 to 2007**, mean operative time is **201.67** minutes. (range 90 to 415 minutes)
  - From **2008 to 2009** After 2008, mean operative time is **144.71** minutes. (range 70 to 275 minutes)

# Blood loss

- Mean blood loss is **69.13** mL (range 10 to 350 mL).
- The blood loss is comparative to the literatures published in the world.



# The number of removed nodes

- ❖ Total 367 para-aortic lymph nodes were removed.
- Mean number of removed para-aortic lymph nodes is 9.17 (range 2 to 21 nodes)
  - Removed para-aortic lymph nodes below IMA is about 10 nodes.
  - Removed para-aortic lymph nodes above IMA is about 10 nodes.
  - **Eight** patients were found to be para-aortic metastases during this procedure.



# Pretherapeutic extraperitoneal laparoscopic staging of locally advanced cervical carcinoma

- ❖ Postoperative hospital stay : ~ 1.4 days
- ❖ Median follow-up of 26.8 months (average 32.9)
- ❖ Overall 5-year survival rate was 58.3%.
- ❖ Pretherapeutic laparoscopic assessment of patients with locally advanced cervical cancer offers valuable information for individualized treatment planning with minimal morbidity.
- ❖ This appears to be a **therapeutic effect with resection of positive nodes** followed by a tailored CCRT.

**LeBlanc & Querleu Gynecol Oncol 2007**

# Safety, feasibility, and costs of outpatient laparoscopic extraperitoneal aortic nodal dissection

- ❖ No intraoperative complications.
- ❖ No patient required overnight hospitalization.
- ❖ **First reported outpatient** laparoscopic extraperitoneal aortic lymph node dissection for locally advanced cervical cancer.
- ❖ Outpatient LEPSS appears to be a safe and feasible procedure in the hands of an experienced surgeon, however further study is warranted.
- ❖ From a cost analysis perspective, outpatient LEPSS appears equivalent to **PET scan and MRI**, but is more expensive than **CT scan**.

# Early experience of robotic-assisted laparoscopy for extraperitoneal para-aortic lymphadenectomy up to the left renal vein

- ❖ Robotic-assisted laparoscopy using Da Vinci system.
- ❖ 6 patients: 1 man with a pT2 non-seminomatous germ cell tumour of the left testicle treated by chemotherapy with an incomplete response (mature teratoma), 4 locally advanced cervical cancer, and 1 bulky cancer of the vaginal cuff.
- ❖ Conclusion: robotic-assisted lymphadenectomy using Da Vinci system was safe and effective with a short learning period for an experienced oncological team.

# Conclusion

1. Laparoscopic paraaortic lymphadenectomy leads to minimal postoperative peritoneal adhesions.
2. Our institutional experience allows us to conclude that LEPAL is feasible, and permits an accurate assessment of the extent of disease for patients with gynecologic cancer.



A healthcare professional wearing blue scrubs and a surgical cap is pointing with their right hand towards a whiteboard. The whiteboard has a faint grid pattern. At the bottom of the image, there is a blue ECG (heart rate) line on a grid background. The text "Thanks for Your Attention" is written in red across the middle of the whiteboard.

Thanks for Your Attention